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A young doctor interested in pediatric endocrinology and diabetology, assistant in pediatric department, recently published author.

An importance of a good compliance- a case of a teen girl with Addison's disease

A 9-year-old girl was diagnosed with Addison's disease, at onset she presented typical symptoms and was given treatment. Although she presented candidiasis in her early childhood, APS 1 was excluded. In her early teens, she recurrently required IV steroids due to weakness and hyponatremia. Parents reassured that the patient was following the treatment. After 3 years of diagnosis, she developed a Hashimoto's disease with thyroid autoantibodies seroconversion.

In her late teen, she was hospitalised due to suspicion of bad compliance. She admitted to avoid taking steroids in fear of gaining weight. Ever since she has been following the treatment.