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## (Non) Organization of Palliative Care for Children in Bosnia and Herzegovina

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### ABSTRACT

Palliative care is an approach to the comprehensive care of a patient suffering from a chronic, incurable disease when the curative methods of treatment have been exhausted. It is directed at suppressing pain and other symptoms, as well as physical, psychological, spiritual and social problems, requiring a multidisciplinary and interdisciplinary approach, directed at the patient, family and community. Each person has the right to face their advanced or terminal illness without pain and with as little suffering as possible. The central objective of palliative care is to preserve the best possible quality of life until its end. In the creation and development of palliative medicine, the education of members of multidisciplinary palliative teams, as well as the general public, is extremely important, as is the drafting of international and national strategic plans for the development of palliative care. In addition to providing the best possible care, the main task of the medical staff in intensive care units is to educate and prepare the family to care for the sick member following his/her discharge from the hospital. The objective of this paper is to present palliative care in intensive care units, and the necessity of providing organized palliative care in home conditions, opening of hospices and palliative institutions in the territory of Bosnia and Herzegovina with the aim of reducing the burden on intensive care units, the costs incurred by the long-term hospitalization of stable palliative patients.

### BIOGRAPHY

Asst. Prof. Verica Mišanović is a specialist in pediatrics, subspecialist in pediatric intensive care medicine. She is employed at the Pediatric Intensive Care Unit at the Pediatric Clinic, Clinical Center University of Sarajevo. She received her PhD degree in 2013 at the Faculty of Medicine in Sarajevo on the topic Prematurity as a risk factor for the development of hip disorders. She is engaged as an assistant professor in the pediatrics subject at the Faculty of Medicine in Sarajevo, also lectures Emergency medicine at Middle School. She published many scientific works in national and international journals, attended numerous congresses as a lecturer. She is also engaged as one of the instructors for APLS (Advanced Pediatric Life Support). She is a member of the Pediatric Association of Bosnia and Herzegovina.

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